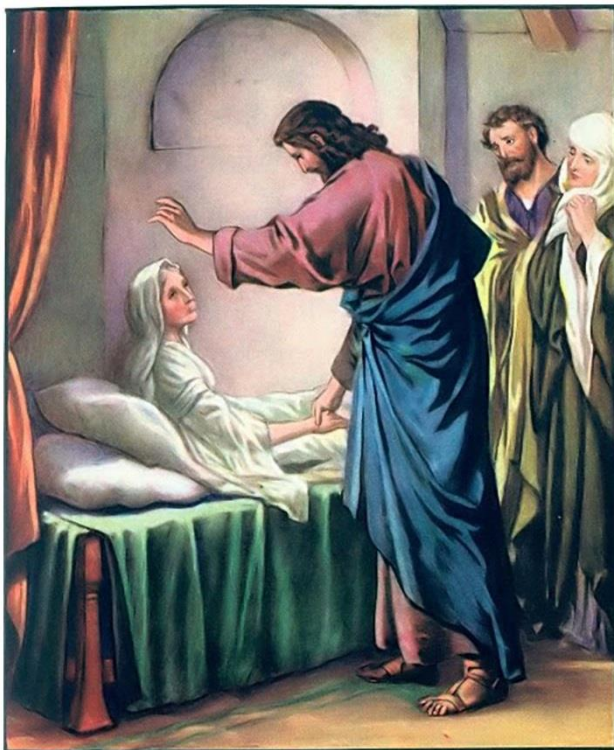


**The Parish of St Joseph &
The Parish of St Charles Borromeo, Sheffield**
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Fifth Sunday in Ordinary Time

4 February 2024

Rev Fr Mark McManus *Parish Priest* Rev Mr Simon Hegarty *Deacon* stjosephsden@outlook.com

Please remember in your prayers all the sick and housebound, especially: Jade Goodinson, Alan Charlesworth, Harley Bond, Eileen McManus, Pauline Sheppard, Jackie & Brian Whelan, Ann Parkinson, Joanne Marklew, Lol Hodges, Margaret Dakin, Madge Wolstenholme, Tom & Joyce McGowan, Heidi Howson, Audrey Rodgers, Sylvia Hayden, Janette Taylor, Sonia Prince, Reece Wilson, Jason Barron, Liz Moran, Elizabeth Dodson, Pat Collett, Eunice Mannion, Sue & Frank Rodgers, Andy Mitchell, Marie Montgomery, Rita & Vin Todd, Georgina Shirt, Maria Tarnowski, Elizabeth Barron, Martin Humphreys, Susan De Couto, Jacqueline Wagland, Sr. Teresa Paschal, Tom Bryant. *If you would like anyone included on this list, and the individual concerned or a family member has consented to it, simply write the person's name down and hand it in. Thank you.*

The feast of Our Lady of Lourdes, 11 February, is also the occasion of the annual **World Day of Prayer for the Sick**. This is an observation that was introduced by Pope St John Paul II as a way for believers to offer their prayers for those suffering from illnesses. As we established last year, this means that I will **offer the Sacrament of Anointing of the Sick** at the **conclusion of the 5.00pm Mass, 10 February**, and also at the end of the **Sunday morning Masses, 11 February**, too.

Monday, 12 February sees the SVP celebrate its 190th year of foundation in England & Wales. To mark the event **members of our parish SVP** will be **servicing tea & coffee after the 10.00am Mass next Sunday, 11 February**. If you are interested in finding out more about the SVP and their work then why not come along to their next meeting in the undercroft on Wednesday, 21 February, at 7.30pm?

Some dates for your Lenten diary...

This year **Ash Wednesday** is on **14 February**, with **Masses at 10.00am & 7.00pm**. Ash Wednesday is a **Day of Fasting & Abstinence**: everyone aged 14 years and older must abstain from consuming meat, while everyone aged from 18 to 59 must fast, unless exempt (usually for a medical reason). Regardless of age, everyone is encouraged to observe the spirit of the day and to assume some form of penance.

- **From 17 February**, On the Saturdays of Lent there will be Exposition of the Blessed Sacrament & Confessions from 10.00am to 11.00am, with Benediction at 10.55am.

- **From 18 February**, after the Lenten Sunday 10.00am Mass, there will be Stations of the Cross.

- **From 19 February**, for the Mondays of Lent Mass will be at 7.15am.

First Holy Communion preparation

Parents are the primary educators in the life and Catholic Faith of their children. Listed here is only that formal or direct parish preparation that will hopefully support them in this task. Classes will take place in the undercroft from 9.30am until 12 noon:

Saturday, 24 February,

Saturday, 23 March,

Saturday, 20 April &

Saturday, 27 April (final class).

Please remember the children and their catechists in your prayers.

Wellbeing for Men is a free six-week online course on Zoom, on Wednesday mornings with Dave Wilkes, starting 28 February. Explore emotional self-care, building resilience, being assertive and setting boundaries, stress and relaxation techniques or recovering from trauma. For more information, contact Janet Kent, tel. 07927 657462 or jkent@hallam-diocese.com

The **40 Days for Life Campaign** offers an opportunity for prayer, fasting and public witness for Life. Its aim is to pray for a change of hearts and minds and to help pregnant women in difficult circumstances to know there are other options available and that help is available. If you interested, contact Rachel on 40dforsheffield@gmail.com or tel. 07368 297872.

The **2024 Pilgrimage to Lourdes** will take place on **28 June, to 4 July, 2024**. The fare is £879pp - 6 nights Full Board (excl. Ins.) flying from Leeds-Bradford Airport direct to Lourdes. Applications are particularly welcome from pilgrims who need help due to medical issues/ mobility. Volunteer doctors, nurses and helpers are also required. Details are available through our High Schools for young people to travel with their school groups and others who do not attend a Catholic school can email smcdonald@hallamdiocese.com for details on how to join. Booking forms are available at the back of the church or at hallam-lourdes.com and enquiries can be made at 01302 247910 or 07724 650066.

A prayer for the Sick, St Augustine

Watch, O Lord, with those who wake, or watch or weep tonight, and give your angels charge over those who sleep. Tend to your sick ones, O Lord Jesus Christ; rest your weary ones; bless your dying ones; soothe your suffering ones; pity your afflicted ones; shield your joyous ones; and all for your love's sake. Amen.

A prayer for Carers

Blest are you, God of the Universe, You sent your Son, Jesus, to earth. We thank you and praise you for His presence among us even now. May the example of Christ guide us in showing compassion for the sick, the suffering and infirm. Help us to understand those we come to serve and reach out in love to them. Bless our Carers with patience, mercy and compassion. Inspire them with insight to minister to all people with loving kindness. May they be Your compassionate presence and share the peace of Your Holy Spirit with everyone they meet. Bless and reward our generous Care Givers and their families with happy hearts now and forever. Amen.

THE SACRED LITURGY

<p>Sunday 4 February <i>Fifth Sunday in Ordinary Time</i></p>	<p align="center">8.45am For the People 10.00am Mariamma Scaria</p>
<p>Monday 5 February <i>St Agatha</i></p>	<p align="center">Private Intention</p>
<p>Tuesday 6 February <i>Ss Paul Miki & Companions</i></p>	<p align="center">10.00am Norah Butler</p>
<p>Wednesday 7 February <i>Ordinary Time weekday</i></p>	<p align="center">November Memorial Dead List</p>
<p>Thursday 8 February <i>Ordinary Time weekday</i></p>	<p align="center">10.00am Marie Carey</p>
<p>Friday 9 February <i>Ordinary Time weekday</i></p>	<p align="center">9.00 -9.55am Exposition 10.00am Vocations</p>
<p>Saturday 10 February <i>St Scholastica</i> <i>Vigil Mass of Sunday</i></p>	<p align="center">4.00 – 4.30pm Confessions 5.00pm For Children in Need</p>
<p>Sunday 11 February <i>Sixth Sunday in Ordinary Time</i></p>	<p align="center">8.45am For the People 10.00am Patrick & Brendan Lynch</p>

Please pray for all who have died recently & for those whose anniversaries occur around this time.

Last week's collection was £668.08 (£405.20 in offertory envelopes, £262.88 in loose). Many thanks for your continuing support.

A welcome to Sr Mary Esther: Sr Mary, a diocesan hermit (Eremitic Order) for our diocese has recently moved into the parish. A British citizen by naturalisation but originally from Nigeria Sr Mary is not new to Sheffield as she has been living here for a little while as she is working in the city as a nurse. Depending on her shifts you will doubtless see her around at Mass and the like and I am sure will make her welcome. We are very blessed to have her presence among us and we pray her witness will bear much good fruit.