

Prayer of St Ignatius

Take, Lord, and receive all my liberty, my memory,
my understanding, and my entire will,
All I have and call my own.
You have given all to me.
To you, Lord, I return it.
Everything is yours; do with it what you will.
Give me only your love and your grace,
that is enough for me.

Prayer for the Household

Hear us, Lord, and send your angel from heaven to visit and protect,
to comfort and defend all who live in this house. Amen.

The Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thine intercession was left unaided.
Inspired by this confidence, I fly unto thee, O Virgin of virgins, my
mother; to thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me.
Amen.



You might find websites useful, such as

pray-as-you-go.org

or *Universalis* — to follow the readings at Mass each day or to join in the
Prayer of the Church:

www.universalis.com

PRAYERS IN TIMES OF ILLNESS or ISOLATION

When Jesus entered Peter's house, he saw his mother-in-law lying sick
with a fever. He touched her hand, and the fever left her, and she rose
and began to serve him. That evening they brought to him many who were
oppressed by demons, and he cast out the spirits with a word and healed all
who were sick. This was to fulfil what was spoken by the prophet Isaiah: 'He
took our illnesses and bore our diseases'
Matthew 8:14-17



General Prayer for Health

Christ be with me, Christ within me, Christ behind me,
Christ before me, Christ beside me,
Christ to win me, Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger, Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Prayer for those in Authority

Loving God, in Christ Jesus, the servant of all, you call us to the service of
others.

Grant to those who govern the community the skill to recognise its urgent
needs and the strength to pursue the common good. Endow us all with
patience and courage, that we may care for the suffering, feed the hungry,
shelter the homeless, and sustain the needy.

Through Christ our Lord. Amen.

Spiritual Communion

There are times when people are unable to receive the Holy Communion, through illness or due to their personal disposition. Even though some may not receive sacramental Communion, all are united in some way by the Holy Spirit. The tradition of spiritual Communion is an important one to remember and reaffirm. A deep spiritual Communion is possible even when we are not able to receive the Sacrament of Holy Communion.

MY JESUS, I believe that Thou art present in the Blessed Sacrament.

I love Thee above all things,

and desire to receive Thee into my soul.

Since I cannot now receive Thee sacramentally,

come at least spiritually into my heart.

I embrace Thee as if Thou art already there

and unite myself entirely to Thee;

never permit me to be separated from Thee. Amen

Prayer before a Crucifix



Look down upon me, good and gentle Jesus

while before Your face I humbly kneel and,

with burning soul,

pray and beseech You

to fix deep in my heart lively sentiments

of faith, hope, and charity;

true contrition for my sins,

and a firm purpose of amendment.

While I contemplate,

with great love and tender pity,

Your five most precious wounds,

pondering over them within me

and calling to mind the words which David,

Your prophet, said to You, my Jesus:

“They have pierced My hands and My feet,
they have numbered all My bones.”

Amen.

Prayer for Doctors, Nurses and Carers

Wondrous God, author of life, you fashioned us in your likeness and
breathed into us the life which is your own.

Be with those whose special care is the health of mind and body. Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch. Through Christ our Lord. Amen.

Prayer for those affected by illness

Merciful God, come to the help of your people. Be our shelter in this time of peril and strengthen the bonds of our community. Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.

O God, our refuge and our shield, even when we walk in the shadow of death you are there at our side.

Be with your people in this time of danger: bring strength to the afflicted and protection to those untouched by disease.

Give us love and courage, that we may trust in your power to save and reach out to all who need our care. Through Christ our Lord. Amen.

Phrases from Scripture

O Lord, come to my rescue, Lord, come to my aid.

Heal me, O Lord, and I shall be healed; save me,

and I shall be saved, for you are my praise.

Lord, save me

Amen, Come, Lord Jesus.